



RECOMMENDED ITEMS FOR OUR TROOPS

Keep in mind package will take 30 days to arrive

TOILETRIES:

BABY WIPES	LOTION
TOOTH BRUSH	SUN BLOCK
TOOTH PASTE	SHAMPOO
MOUTH WASH	DEODORANT
BODY WASH/SOAP	TOOTH FLOSS
FOOT POWDER OR SPRAY	RAZORS
HAND SANITIZER	
SPF LIP BALM / CHAP STICK	
PACKS LAUNDRY DETERGENT	
ZIP LOCK BAGGIES FREEZER/STORAGE SIZE	

OTHER ITEM'S:

SOCKS COLOR DEPENDS ON MILITARY BRANCH
BOOKS
MAGAZINES
PEN'S
WRITING STATIONARY

FOOD ITEMS:

RAVIOLIS, BEEF A RONNIE, SPAGHETTI	BEEF STICK
SPAGHETTIOS: PLAIN / WITH HOTDOGS/ MEATBALLS	DRIED FRUIT
CUP O NOODLE SOUPS	GUM
INSTANT MAC 'N CHEESE CUP'S	ENERGY BARS
KRAFT CRACKER/CHEESE / PEANUT BUTTER / JELLY/JAM	SUGAR
CORN CHIPS, POTATO CHIPS, PRINGLES, CHEETOS, ETC...	NUTS
HARD CANDY (individually wrapped)	COOKIES
DRINK PACKS, POWDERED (ADD TO WATER)	
GATORADE, PROPEL, TEA. CRYSTAL LITE, LEMONADE, INSTANT COFFEE,	

For more information please contact John Uriarte at 285-1887